



# Auricular (Ear) Acupuncture

## Every Thursday

**4 - 6 p.m. at Behavioral Health**

*2800 S. Shepherd Rd., Mt. Pleasant, MI 48858*

Acupuncture has been practiced for thousands of years and is one of the key components of traditional Chinese medicine. The body is seen as a balance of opposing forces called yin and yang.

Disease and other health concerns are thought to be the result of an imbalance that causes a blockage in the flow of energy. Acupuncture works to release the blockage and restore balance between yin and yang.

**Treatment sessions last about a half hour;  
the last sessions will be accepted at 5:30 p.m.**

**Walk-ins welcome**

**Please contact Behavioral Health at 989.775.4850  
to schedule an appointment.**

*For more information, please contact: Robert (Bob) Storrer at 989.775.4895*



**Acupuncture can:**

- Reduce cravings for alcohol and drugs, including nicotine
- Increase calmness and better sleep
- Decrease agitation
- Relieve stress and emotional trauma
- Help you discover inner quiet and strength
- Benefit your well being



**Saginaw Chippewa Indian Tribe of Michigan**

*"Working Together for Our Future"*

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